

DESCRIPTION OF COURSE

Description

(Short Synopsis = 6 -10 lines)

The Global Status Report on Violence Prevention 2014 has shown that 25% of all adults report having been physically abused as children. One in five women reports having been sexually abused as a child. Such violence contributes to lifelong ill health, particularly for women and children and leads to early death. Many leading causes of death such as heart disease, stroke, cancer and HIV/AIDS are the result of victims of violence adopting poor life style choices in an effort to cope with the psychological impact of violence.

The 2006 World Report on Violence against Children provided estimated that in 2002 approximately 150 million girls and 73 million boys were subject to contact CSA worldwide, including 1.2 million trafficked children and 1.8 million exploited through prostitution or pornography. In Mauritius, at least 1 case of child sexual abuse is reported to the authority daily.

Findings show that all forms of violence in childhood have a significant impact on educational outcomes. Children who have experienced any form of violence in childhood have a 13% predicted probability that they will not graduate from school. Such violence leads to higher levels of stress, has a negative impact on Brain Development resulting in a reduced ability to learn.

Psychotherapeutic interventions are effective with Trauma Focussed-Cognitive Behaviour Therapy being the most effective. Developing safe, stable and nurturing relationships between children and their parents and caregivers is important as is developing life skills in children and adolescents and the identification of victims and providing them with care and support programmes. In terms of prevention is key.

Target Audience

Level

Basic Intermediate Advanced Only for Select Group

No. of Participants

Language

English French

Resource Person(s)

Dr Poonam Bissessur

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